

What is the *Live simply* award?

in partnership with

CAFOD
Just one world



eco
congregation

The **Live Simply Award** has been set up by CAFOD and other groups to encourage Parishes and Schools to:

Live Simply that others may live

Live in Solidarity with the poor and needy

Live Sustainably, recognising God's creation is for the benefit of all humanity

To achieve the Live Simply Award for the Parish the Justice & Peace Group, with the involvement of the Parish, is undertaking a programme of events throughout 2012-13.

These have included so far:

'Live Simply for Lent' – this was well supported with over 10% of parishioners returning completed 'pledge lists' of actions they had undertaken during Lent to live simply.

Fairtrade Wine Tasting – an enjoyable evening in the Parish Hall, where Fairtrade wines from around the world were sampled. This was to raise awareness of the Fairtrade campaign – which supports developing communities, and produces some very nice wines!

CAFOD Lenten Fast Day – the parish gave good support to the usual Lenten collection, raising over £1500, which this year will be matched, £1 for £1, by the government, making it a total of £3,000!

Live simply...



The Parish Picnic

In July 2011 the Parish community was invited to join the Justice and Peace group on a picnic. The aim was to walk to the picnic site in the school grounds – not using cars and fuel – and have a simple meat-free meal with friends in convivial surroundings.

The afternoon turned out to be wet and not many people came along but an enjoyable time was had by all.

Another Parish picnic is planned for this year on Sunday 19 August, and we would hope that many more parishioners will take part.



Live in solidarity...

WOW Bags

In 2011 the Parish was introduced to the inspiring work of the Women of Wenceslao in the Philippines through the selling of their recycled juice carton bags.

So far £1250 has been sent directly to the village of Wenceslao!



The following four venues have been booked in 2012 to sell bags:

- **Puckeridge** – St Thomas' School Fete – 23rd June.
- **Braughing** Wheelbarrow Race – 30th June.
- **Ware** Carnival – 7th July – after the Olympic torch runner has gone through the town.
- **Hoddesdon** – St Augustine's RC Church Christmas Fayre, after Masses on 1st and 2nd December.

Is anyone free to assist at these venues?

Lent Lunches and Breakfasts

For several years the Union of Catholic Mothers, Ware Foundation, have organised the provision of soup and bread on Fridays in Lent and Advent, the proceeds being donated to a charity chosen by the Parish.

As well as UCM members, several parishioners from other parish groups (or individuals) have been encouraged to take part in the preparation and serving of the lunch.

This has developed into an enjoyable Parish community venture for all who sit down together to share the lunch. In addition, of course, the donations benefit the chosen charities.

This year all the money collected from the Lent lunches (£269) and breakfasts (£42) was sent to CAFOD, as the government was matching it £1 for £1, making a total of £622!

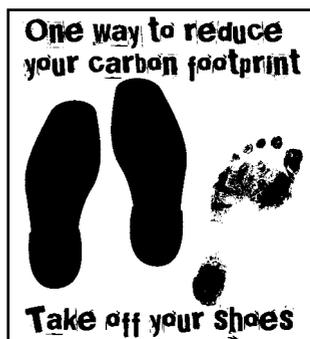


Live sustainably...

Carbon Footprint

DID YOU KNOW?

- Wasted food creates a huge carbon footprint problem in the UK.
- Milk wastage in the UK is around 360,000 tonnes annually, creating greenhouse gas emissions amounting to 100,000 tonnes of carbon dioxide each year (equivalent to 20,000 cars)
- Watching TV is linked to unhealthy eating.
- Eating wisely can lower carbon footprint.



This autumn will see an update of the Carbon Footprint leaflet first released last May.

New challenges.

New commitments.

Are you ready to go greener than ever before?

The Peace Icon

The Peace Icon is a sacred painting made at the Monastery of St. John in the Desert, near Jerusalem, and given to the Pax Christi movement in 1999. Each aspect of its panels leads to meditation on the deep movements of the heart necessary for peace and reconciliation. The Peace Icon will be handed over in relay to parishes in Westminster, Brentwood and Southwark during the 100 Days of Peace for the Olympic Games – for 50 days before the opening ceremony and 50 days following the Paralympics, until 27th October 2012:

8 - 15 June

St Patrick's Wapping

15 - 22 June

St John Vianney, West Green Road

22 - 29 June

Our Lady's, St John's Wood

29 June - 6 July

St Joseph and English Martyrs,

Bishop's Stortford

6-13 July

Catholic Churches of Welwyn

Garden City

Bidding Prayers may be found at:

www.rcsouthwark.co.uk/olympic_bidding_prayers.pdf

The full colour Peace Icon with animated explanations may be viewed or downloaded at:

www.peacelegacy.org.uk/peaceicon.html



The 100 Days Peace Prayer

O Risen Christ, You breathe your Holy Spirit on us and you tell us: 'Peace be yours'. Opening ourselves to your peace – letting it penetrate the harsh and rocky ground of our hearts – means preparing ourselves to be bearers of reconciliation wherever you may place us. But you know that at times we are at a loss. So come and lead us to wait in silence, to let a ray of hope shine forth in our world.

Brother Roger, Taizé